



LE MAS
Candille
HOTEL • RESTAURANT • SPA
★★★★★



LE SPA CANDILLE
Carte de soins



THE SPA CANDILLE

Menu



A visit to Spa Candille is a haven of peace and tranquillity; this unique and very special spa offers a wide choice of body, face and beauty treatments in beautiful and relaxing surroundings. Careful planning and total attention to detail have created a Zen-inspired environment which combines the best possible facilities with the ultimate in attentive service. It truly is the perfect place in which to relax and unwind.



ESPA

NATURAL BEAUTY
INNER CALM

Optimal Body
TriSerum

Intensely nourishing
body serum for beautifully
soft, radiant skin

ESPA

Natural Beauty
Inner Calm

The benefits of the purest naturals ingredients

At Le Mas Candille's Spa Candille, world-renowned spa brand ESPA unites traditional Asian and European wellness therapies with the latest advanced technology for optimal results. Using the purest aromatherapy oils and active natural ingredients, ESPA offers an exceptional spa treatment collection focusing on a complete and restorative experience for body and mind.





PHYTOMER

HYDRACONTINUE

Flash Hydratant 12H

12H Moisturizing Flash Gel

PHYTOMER

The Art of PHYTOMER Spa Treatments

Iconic skin care treatments for face and body, invigorating wellness for the mind and senses, a wide range of rituals inspired by a wealth of resources from the Brittany coast in France and over 40 years of experience in the most respected salons and spas around the world.

Each of our treatments provides a sensory experience around textures, scents and massage. The experience is reminiscent of a seaside vacation, a complete recharge for incomparable wellness.







Facial Treatments

by ESPA

Every facial includes an in-depth skin analysis using ESPA's SkinVision™ technology. This determines a personalised selection of ESPA natural products best suited to your skin's needs, helping to achieve maximum results. To maintain radiant skin, we advise having a facial every month.

ESPA SIGNATURE FACIAL

45 minutes / €90 - 60 minutes / €110

This tailor-made treatment uses ESPA technology for a deeply effective yet relaxing facial, especially adapted to your skin's needs.

AGE-DEFYING FACIAL

90 minutes / €145

A regenerating treatment which helps to combat the signs of ageing, by minimising fine lines and wrinkles. This treatment visibly improves the skin's appearance using specialised massage techniques and a selection of ESPA age-defying products to replenish and revitalise, leaving your complexion toned, radiant and rejuvenated.

ESPA FACIAL FOR MEN

60 minutes / €110

This relaxing, customised treatment for men uses ESPA technology to provide a tailored solution to boost the male complexion.

MINDFUL FACIAL

90 minutes / €160

Soothe, nurture and revitalise your skin with this complete holistic facial treatment. Warm herbal poultices with Rose Quartz Crystals combine with our therapist's expert touch to cleanse, rehydrate and rejuvenate the skin while calming a busy mind. This deeply relaxing treatment includes a series of breathing and visualisation techniques, and finishes off with a soothing scalp massage or a hand and arm massage, so that you emerge feeling renewed with positive energy and a smooth, radiant complexion.





Facial treatment by PHYTOMER

PHYTOMER invites you to discover its most iconic facial. They combine visible beauty results with exceptional restorative benefits, using a signature relaxation method, while treating your skin to all the benefits of the sea.

OLIGOFORCE LUMINATION

Treatment for Complexion - Dark Spots - Wrinkles 60 minutes / €110

A complete global anti-aging treatment that illuminates the complexion, reduces dark spots and smooths wrinkles. The ideal combination with a 20% acid exfoliating peel and a OLIGOMER® sheet mask.

CITYLIFE

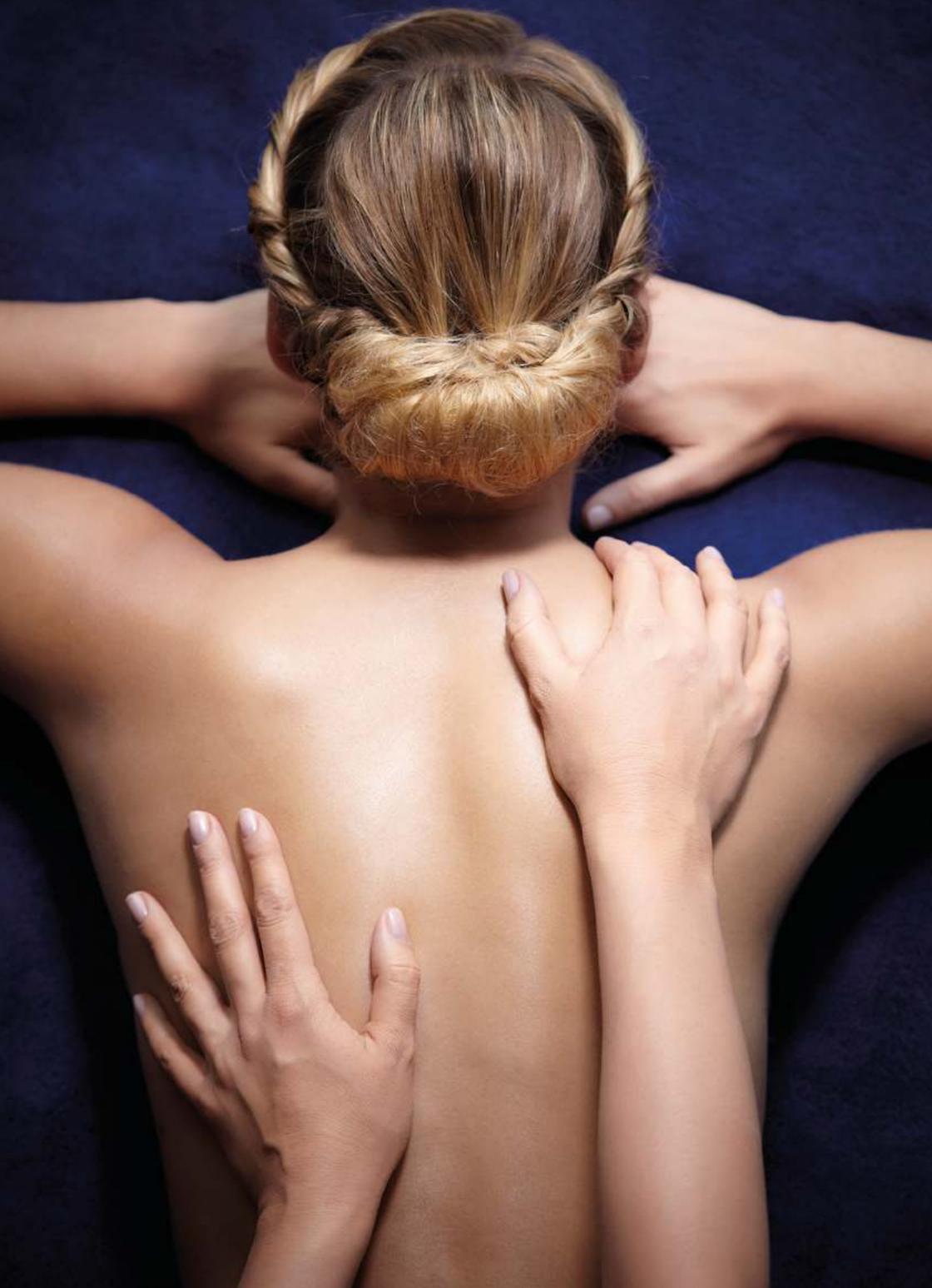
Anti-Pollution Skin Freshness Treatment 60 minutes / €110

Making the skin of city-dwelling women completely healthy with a personalized treatment for tired skin and uneven complexions. The skin is intensely hydrated, signs of fatigue are erased, the complexion is more even and the skin regains its freshness.

HYDRA ORIGINAL

Plumping Thirst-Relief Facial With Organic Algae / 60 minutes / €110

A wave for a more comfortable, plumped and intensely quenched skin. An innovative facial thanks to unprecedented organic ingredients and first-if-its-king exfoliating step. A multi-sensory facial that pairs high-performance organic marine ingredients with relaxing treatment steps.





Massages by ESPA or PHYTOMER

AROMATHERAPY MASSAGE

60 ou 90 minutes / €110 ou €145

A deeply relaxing ESPA aromatherapy massage uses essential oils selected specifically for you by a sensory test.

DEEP TISSUE MASSAGE

60 minutes / €120

A powerful massage designed to alleviate deep-seated tension and muscular stress. Concentrating on specific areas, specialised techniques are combined with gentle stretching movements to relieve aching muscles.

HOT STONE MASSAGE

60 minutes / €120

A full-body massage using aromatherapy oils and warm volcanic stones to relieve deep muscle tension. The warmth of the stones penetrates deep into your muscles to soothe aches and pains, helping you to unwind and feel renewed.

SWEDISH MASSAGE

60 minutes / €120

This traditional treatment combines stimulating movements to soothe the tired, aching muscles, leaving you feeling relaxed and revived.

PRE-NATAL MATERNITY MASSAGE

60 minutes / €120 - 90 minutes / €150

During pregnancy, more than ever, specific parts of a woman's body need extra attention. Relaxation, comfort and well-being are key at this time. For 60 minutes or 90 minutes, you will receive a massage adapted to the on-going changes in your body, including gentle back exfoliation followed by a soothing full-body massage.

MINDFUL MASSAGE

90 minutes / €160

This massage soothes tense muscles and calms a busy mind, by including a series of breathing and visualisation techniques for optimal relaxation. The treatment finishes with an energising scalp massage using warm Rose Quartz Crystals.

DISCOVERY MASSAGE

45 minutes / €90

A soothing, de-stressing massage focusing on three key zones: the back, face and scalp OR the back and back of legs, alleviating tensions and leaving you feeling revived for the rest of the day.

TRESOR DES MERS by PHYTOMER

Energizing Body Massag 60 minutes / €120

The essential art of massage in a complete invigorating treatment. Your body is relaxed and energized!





Express Discovery Treatments

ESPA or PHYTOMER

BACK MASSAGE

30 minutes / €65

This targeted treatment focuses on the back, neck and shoulders, using specific movements and an ESPA body oil selected for your personal needs.

SCALP MASSAGE

30 minutes / €65

A sublime moment of relaxation, this scalp massage incorporates the neck and shoulders.

BEAUTIFYING FACE MASSAGE

30 minutes / €65

An ideal introduction to the ESPA all-natural product range, this massage uses gentle muscle manipulation on the face, back of the neck and upper back.

LEG MASSAGE

30 minutes / €65

This soothing massage revives tired feet and heavy legs.

LIFT & FIRM EYE TREATMENT

30 minutes / €65

Perfect for the first signs of ageing around the eyes, this effective treatment relieves tension and reduces the appearance of fine lines.

PRE-NATAL MATERNITY MASSAGE

30 minutes / €65

Gentle back exfoliation is followed by a back massage adapted to the needs of your evolving body.

FULL-BODY EXFOLIATION

30 minutes / €65

Following this treatment, your skin will feel nourished, smooth and supple.

SATIN SHIMMER

Salt Crystal Exfoliation 45 minutes / €90

An exfoliation with sea salt crystals combined with a relaxing body massage for an express beauty treatment that leaves your skin soft and silky..

LEG REVIVAL

Leg Soothing Treatment 30 minutes / €70

A targeted treatment to comfort and relieve tired legs, as well as visibly enhance their appearance.





Signature Body and Face Rituals

Signature treatments and rituals by ESPA or PHYTOMER

FACE, BACK AND SCALP RITUAL

90 minutes / €160

Widely considered our 'Hero' treatment, this ESPA experience delivers triple results by targeting three key areas: the face, back and scalp. This ritual includes a gentle back exfoliation and back massage, a personalised facial and a soothing scalp massage.

TOTAL HOLISTIC STRESSBUSTER

120 minutes / €200

An indulgent treatment to totally melt away tension, including a full-body exfoliation which leaves your skin feeling smooth and soft, followed by an aromatherapy massage using nourishing essential oils. Finally, a scalp massage completes the moment of total relaxation.

SIGNATURE BODY RITUAL

120 minutes / €230

This deeply relaxing ritual begins with a full-body exfoliation, followed by a detoxifying seaweed wrap or nourishing mud wrap, combined with a scalp massage. A personalised aromatherapy massage follows, using essential oils specially selected for you following a sensory test, to leave you with an overall feeling of well-being and revitalisation.

DETOX RITUAL

90 minutes / €180

An invigorating exfoliation is followed by a 45-minute slimming, sculpting massage and then a body wrap (focus options: tri-zone - stomach, hips, thighs OR lighter legs).

SCULPT ZONE - BY PHYTOMER

Target Treatment for Abs-Buttocks-Thighs

60 minutes / €130 - 120minutes / €230

An intensive heating wrap and massage on the Abdomen-Buttocks-Thighs area to beat your excess fat and cellulite in record time. With an express treatment or intensive program, you get radical slimming results. More than 1 cm less in waist circumference in only 4 treatments.





*Spa Days** *at Spa Candille*

EARLY COCOONING MORNING

€120 / From 10am to 1pm

60 minutes signature facial or 2x 30 minutes Express Discovery treatments. Buffet breakfast at our restaurant.

TEATIME COCOONING AFTERNOON

€130 Valid from 1 April to 31 October, 3pm to 6pm

60 minutes signature facial or 2x 30 minutes Express Discovery treatments. Afternoon Tea on the terrace of our restaurant.

DAYTIME COCOONING

€160 Valid from 1 April to 31 October

60 minutes signature facial or 2x 30 minutes Express Discovery treatments. Lunch in our restaurant Le Bistrot du Mas.

EVENING COCOONING

€170 Valid from 1 April to 31 October

60 minutes signature facial or 2x 30 minutes Express Discovery treatments. Dinner in our restaurant Le Bistrot du Mas.

RELAXATION DAY

€180 or €240 with lunch valid from 1 April to 31 October / 120 minutes*

Includes 60 minutes relaxing massage and 60 minutes Signature facial

TOTAL WELL-BEING DAY

€320 or €380 with lunch valid from 1 April to 31 October / 180 minutes*

Includes 60 minutes relaxing massage, 60 minutes Signature facial, 60 minutes luxury manicure or pedicure & 60 credit to spend in our boutique at Spa Candille & Optional lunch* in summer

*All Spa Day experiences at Spa Candille include complimentary access to the spa outdoor facilities.

*Lunch or dinner is a 3-course meal, including drinks (2-glasses of wine, mineral water and coffee/tea)



Beauty Treatments

NAILS, HANDS AND FEET

Express manicure or pedicure (Cuticle and nail care)

30 minutes / €20

Luxury manicure or pedicure

(Full treatment with scrub, massage and mask)

60 minutes / €70

Pose de vernis

15 minutes / €10

WAXING

Full-leg wax

45 minutes / €45

Half-leg wax

30 minutes / €35

Arm wax

30 minutes / €30

Back wax

30 minutes / €30

Bikini line (normal, Brazilian, full)

30 to 45 minutes / €20 / €30 / €50

Under arm wax

15 minutes / €20

Lip, chin or eyebrow wax

15 minutes / €15

TINTING

Eyebrow or eyelash colour

15 minutes / €15

Subscriptions and Spa Days

SUBSCRIPTIONS

5x 30 minutes treatments: **€250***

**Choose from 30-minute Express Discovery treatments.*

5x 60 minutes treatments: **€475***

**including access to Spa Candille outdoor spa facilities (choose from menu of 60-minute signature massages and facials)*

SPA EXPERIENCE: ACCESS TO SPA OUTDOOR FACILITIES

Morning access from 10am to 1pm : **€50 /pers***

**Valid weekdays only; subject to advance reservation and availability*

Information

OPENING HOURS

Open from 1st April to 31st October.
April, May, October from 10am until 7pm.
June, July, August, September from 10am until 8pm.

ARRIVING AT THE SPA FOR TREATMENTS

We advise that you arrive at the spa 15 minutes before your treatment time. Regrettably, appointment times cannot be extended for late arrival.

MINIMUM AGE REQUIRED FOR TREATMENTS

17 years old.

SPA FACILITIES

A minimum of 1-hour treatment allows complimentary access to the spa facilities.

OUR SERVICES

We provide towels, robes, disposable slippers and disposable massage briefs for your comfort and convenience.

OUR TEAM

All our beauty therapists are fully qualified and trained in the specialist treatment techniques. They offer non-medical relaxation treatments and massages.

LOST PROPERTY

We cannot be held responsible for any lost or stolen property.

MOBILE PHONES

To ensure our Spa remains a relaxing, peaceful environment, we ask that all mobile phones are switched off or on silent mode while in the spa.

APPOINTMENTS

All treatments are by reservation only and bank card details will be requested to confirm a booking. A pre-payment will be required for all group bookings and treatments lasting 3 hours or more.

GIFT VOUCHERS

A relaxing treatment is an ideal gift for a loved one. Gift vouchers are posted or sent by email on the day of purchase to the address specified. Gift vouchers are valid for 18 months. For any voucher extension a fee will be charged (Details on request).

CANCELLATION

Treatments cancelled less than 24 hours in advance will be charged at 50% of the full rate. Treatments cancelled less than 12 hours in advance will be charged at the full rate.

PREGNANT WOMEN

Some treatments and products should be avoided during pregnancy. For health reasons and for your own peace of mind, please let us know if you are pregnant at the time of booking. Our beauty therapists will be able to advise you and adapt the treatment to your needs.

MEDICAL CONDITIONS

For health and safety reasons, kindly let us know at the time of booking if you suffer from any medical condition.

LENGTH OF TREATMENTS

The specified times indicated include a confidential personal pre-treatment consultation.

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